



Meeting : Senior Forum

Date : 26.7.16

Time: 3.00pm

Location: The Town Hall, Spencer Suite , Congleton.

In attendance:- Suzie Akers Smith (Chair), Mike Smith, Glen.Williams, Alyssa Baines, Joan Myatt, Anna Bignell , Sarah Jacklin, Victoria Lockett, Sara Rathbone, Usman Ashiq, Steve Foster, Tracey Stubbs, Sue Barnes.

Guest: Stewart Halliday (Old Saw Mill Project) & Denis Murphy (Town Burgess)

Item	Agenda Item / discussion	Action / comment
1	<p>Welcome & Apologies</p> <p>Meeting was chaired by Suzie Akers Smith</p>	<p>Apologies were received from : L.Daniels,L.Heyes & L.Alcock</p>
2.	<p>Minutes / Matters Arising from the last meeting (11.10.16)</p> <p><i>Item 1. IACE.</i> Tracey Stubbs still to send MS details of new website to link to both CTC and CP websites. MS to look at getting all forum members websites linked through our Senior Forum page.</p> <p><i>Item 5. Senior Health Fayre 2017.</i> Town Hall is booked for Friday 29th September</p> <p><i>Item 6. Friendship Clubs.</i> J.Parry to discuss Bromley Farm Friendship Club with GW, then JP and SAS to create a list of existing friendship groups to see what offering is currently available in Congleton before setting up a completely new group.</p> <p>MS find out where they are at on this.</p> <p><i>Item 11- Help with getting to church.</i> MS has now discussed this issue with Sister Heather</p>	<p>TB/MS</p> <p>JP/SAS/MS</p>

	<p>Kemball (Congleton team Parish). They do support members of their congregation at the 4 churches re transport issues, and would try and help anyone that we come across who is having difficulty to church. Either contact the team Parish Office by Email admin@congletonteamparis.co.uk or telephone Cong 01260 273212. Heather has also agreed to be added to our distribution list so as to be kept in the loop to our activities etc.</p>	
3.	<p>The Old Saw Mill Project – Stewart Halliday.</p> <p>Stewart took us through a very interesting and exciting presentation on the development of the OSM.</p> <p>A full copy of his presentation will be sent out to all Senior Forum members. MS to action.</p> <p>The OSM is developing into an excellent community hub and located in the town centre compliments the current “hubs” at New Life Church, Bromley Farm and the nearly refurbished St John’s Community Centre.</p> <p>The OSM is quickly building a wide range of activities, events and regular café customers. They have plans for further development in Health & Wellbeing, Social Isolation and Seniors support.</p> <p>They are building a bank of volunteers with a wide range of skills.</p> <p>Next meeting to be held at OSM (Tuesday 14.2.17) MS to make sure that the other hubs are invited (NLC/BF and StJ)</p> <ul style="list-style-type: none"> ● info@congletoncommunityco-op.org 	<p>MS action</p>
4.	<p>All About You – Sue Barnes</p> <p>Sue outlined a couple of initiatives she is developing based at St John’s Community Centre and out in the field.</p> <p><i>Monday Club – Based in St John’s Community Ctr.</i> Open to adults for a friendly, enjoyable social day care experience. 10.00 to 15.30pm with lunch and refreshments.</p>	

	<p>Activities to include Quizzes, Art & Craft, Personal Stories, Cooking, Local Interest and a whole lot more.</p> <p>Looking at providing transport if required</p> <p>Target cost £25 to £30.</p> <p><i>All about you...wellbeing support in Congleton.</i></p> <p>Sue currently has 6 clients that she delivers personal services to including:- Meal preparation, bed changing and laundry, shopping, admin support, cleaning , sitting service etc.</p>	
5.	<p>IT / Chat.</p> <p>Carried over to the next meeting</p>	
6.	<p>One You Cheshire East – Victoria Lockett</p> <p>Following the project launch at Holmes Chapel a new dedicated website has been launched :- www.oneyoucheshireeast.org</p> <p>Referrals can be made through Life Links/One You/Surgeries. If you have anyone interested contact Victoria & Team.</p> <p>Victoria issued the 4 service cards at the meeting:-</p> <p>Eat Well</p> <p>Lose Weight</p> <p>Move More</p>	

	<p>Be Smoke Free</p> <p>Will soon launch a general leaflet that includes all 6 issues / offers.</p> <p>Full programme can be found on the above website.</p>	
7.	<p>Dementia Show NEC – Sara Rathbone.</p> <p>Sara reported back following her visit to the NEC event.</p> <p>Very impressed with the Table Tennis Equipment and will see if see can get one into Cheshire East.</p> <p>Dementia Week is 15th to 21st May 2017, Sara looking to do events across the borough to support it.</p>	
8.	<p>Any Other Business.</p> <p><i>Register of Activities / Services.</i></p> <p>Sarah and Anna are currently mapping activities and services across Congleton.</p> <p>To assist in this Usman will put together a spreadsheet / document for us to collate all our information so that it can be added to this report.</p> <p>Alyssa to circulate all of the attendees at The Senior Health Fayre.</p>	<p>Usman put together spreadsheet / document.</p> <p>AB circulate to Senior Health Fayre attendees.</p>
9.	<p>Meeting Finished at:4.54pm</p> <p>Next Meeting:- Tuesday 14th February 2017 at The Old Saw Mill (2.30 to 5.00pm) Includes a tour of the facility.</p>	