

Team up with Cheshire Fire and Rescue Service  
**Prince's Trust 12 Week Personal Development programme**

This programme will improve your  
**Confidence, Motivation** and  
**Skills** within a Team Environment

*Meet new friends, have fun and earn  
recognised qualifications*

**12 WEEK TEAM PROGRAMME**

**WEEK 1**

Induction, Planning &  
Target Setting

**WEEK 2**

Teambuilding  
Residential

**WEEK 3**

Community Project  
Preparation & Fundraising

**WEEK 4,5,6**

Community  
Project

**WEEK 7**

Employability Skills -  
CV & Mock Interviews

**WEEK 8 & 9**

Individual Work  
Experience

**WEEK 10**

Preparation for Final  
Team Challenge

**WEEK 11**

Event planning and  
hosting activities within  
your local community

**WEEK 12**

Final Review, Presentation  
& Action Planning for the  
future

**Macclesfield Prince's Trust**

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# Together everyone achieves more!

Everyone deserves a chance to grow and reach their full potential. We want to help you get that chance.

**I**f people around you have faith in your abilities when, as a team, you are all working towards the same goal and are facing the same challenges. It is easy to believe in yourself and grow in your self esteem and confidence.

**Lande Akitoye**



## Develop and Improve Your Skills In:

- Communication
- Confidence
- Working with others
- Setting and achieving goals
- Reliability
- Coping
- Job search skills
- Leadership

All this and Nationally recognised qualifications for the skills you develop when you graduate.

## Qualifications Include:

- Prince's Trust Certificate in Employment, Teamwork and Community Skills
- Emergency First Aid at Work (HSE Approved)
- Basic Food Hygiene Certificate (certified by Highfields)
- Awareness certificate in Health and Safety

## Contact details

Call: **01606 868700**

Email: **Princetrust@cheshirefire.gov.uk**

Visit: **www.cheshirefire.gov.uk/young-people/princes-trust**

Address: **Cheshire Fire and Rescue Service, Prince's Trust, Winsford, Cheshire, CW7 2FQ**